

Modules on Theories of Counselling and Theories of Integration:

These are two modules each lasting one term, which together provide a route for progression to the **MA in Counselling Studies** for students from other colleges and universities who have a Diploma in Counselling. These two modules provide the essential groundwork and preparation for entry to the MA starting in September 2005.

Theories of Counselling:

This module consists of ten sessions from 4.30 to 7.15 pm on Tuesday evenings from January to March 2005. The focus will be on exploring a range of different theoretical approaches to counselling, including the Person Centred Approach, Cognitive Behavioural Therapy, Transactional Analysis and Psychodynamic. Teaching and learning will be in a small group seminar style, with an emphasis on members taking an active part in reading, preparation and participation in discussion. Assessment is via completion of a 5,000 word essay.

Theories of Integration:

This second module takes place at the same time on Tuesday evenings from April to June 2005. The module explores a variety of different integrative approaches towards counselling practice, such as the Skilled Helper Model, Solution Focused Brief Therapy and Cognitive Analytic Therapy, again on an informal seminar basis. Assessment is via completion of a 5,000 word essay.

The cost of the modules for 2003/4 was £370 per module.

- For further information, contact Peter Jenkins, Director of the MA in Counselling Studies, on 0161 275 3307 or via e-mail: Peter.Jenkins@man.ac.uk
- For details and application form, contact the Counselling Courses Secretary, Faculty of Education /ESI, Manchester University, Oxford Road, Manchester M13 9PL or 0161 275 3510 or via esi@man.ac.uk
- Further details of courses can be accessed via the website on: www.man.ac.uk/education/esi/counselling

MA in Counselling Studies:

The MA accepts students who have successfully completed either

- the **Postgraduate Diploma in Counselling** at Manchester University
- the **Certificate in Supervision** at Manchester University
- a **Diploma in Counselling** at another institution, plus two additional modules on **Theories of Counselling** and **Theories of Integration** (see above for details).

The next intake for this route will be in January 2005 (see **flow chart**).

The MA provides an opportunity for counsellors to carry out a piece of supervised research into a specific area of theory or practice, in the form of a dissertation of between 12,000 and 20,000 words. The course includes input on research methods, and group and individual tutorials. The course aims to develop counsellors' skills, competence and confidence in carrying out practitioner-based research in an area relevant to their practice or interests. The next intake will be in September 2005.